

## The CES College of Arts and Commerce, Cuncolim, Salcete- Goa

### N.S.S. Activity report from November 2025 to March 2026

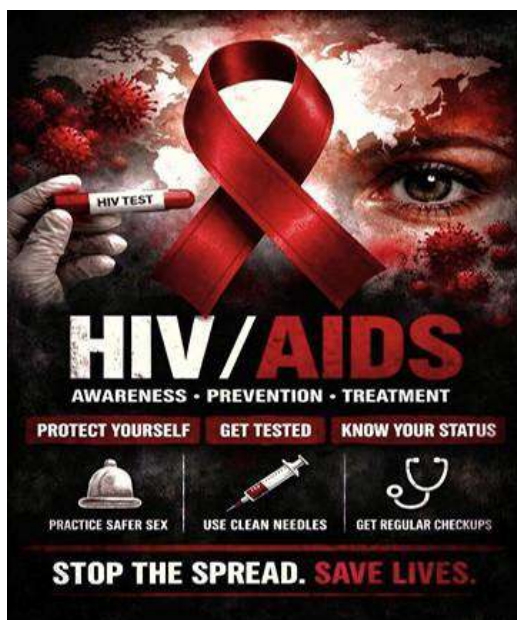
**Consolidated Report of N.S.S. Volunteers completing 60 hours at The CES College of Arts and Commerce, Cuncolim, Salcete- Goa from November 2025 to March 2026.**

**N.S.S. activities held during the second half of the academic year 2025-26**

The N.S.S. Unit at the C.E.S. College organised the following activities from November to March 2026:

**8<sup>th</sup> December 2025 Online HIV Awareness:** An online awareness programme on HIV/AIDS was conducted to educate students about prevention, transmission, and social stigma. Volunteers actively participated by sharing informative content and engaging in discussions. The activity aimed to promote responsible behaviour and health consciousness. It helped in spreading awareness and reducing misconceptions related to HIV/AIDS.

**9<sup>th</sup> December 2025 Digital Poster on HIV/AIDS:** A digital poster-making competition was organized to creatively spread awareness about HIV/AIDS. Volunteers designed informative and impactful posters highlighting prevention and care. The activity enhanced creativity and digital skills among students. It also reinforced the importance of awareness through visual communication.



**10<sup>th</sup> December 2025 – Rally on HIV/AIDS :** A rally was organized at Cuncolim Market to spread awareness about HIV/AIDS among the public. Volunteers carried placards and raised slogans to educate people. The activity encouraged community participation and interaction. It strengthened the spirit of social responsibility among students.



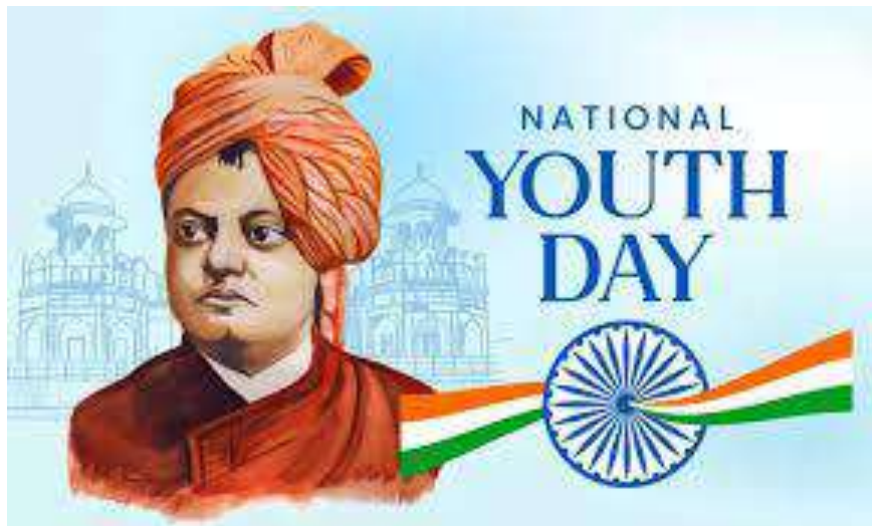
**19<sup>th</sup> December 2025 – Goa Liberation Day :** NSS volunteers participated in the Goa Liberation Day celebration to honour the sacrifices of freedom fighters. The programme included patriotic activities that instilled a sense of pride and respect. Students reflected on Goa's history and struggle for liberation. The activity promoted national values and unity.



**19<sup>th</sup> December 2025 – Manor Saanz Cultural Programme :** Volunteers actively participated in the Manor Saanz cultural event through performances and event management. The programme showcased students' talents and creativity. It also provided exposure to organizing cultural events. The activity encouraged teamwork and cultural appreciation.



**8<sup>th</sup> January 2026 – National Youth Day Awareness:** An online awareness campaign was conducted on the occasion of National Youth Day. Volunteers shared messages inspired by Swami Vivekananda’s teachings. The activity focused on youth empowerment and leadership. It motivated students to contribute positively to society.



**9<sup>th</sup> January 2026 – Slogan Writing:** A slogan writing activity on youth empowerment was organized to encourage creative expression. Students created meaningful and impactful slogans reflecting social awareness. The activity enhanced thinking and communication skills. It also promoted awareness about the role of youth in society.



9<sup>th</sup> January 2026 – **Flyer Making** : A flyer-making competition was conducted to promote awareness on youth empowerment. Volunteers designed informative flyers using creative ideas. The activity improved design and communication skills. It also helped in spreading awareness effectively.





**12<sup>th</sup> January 2026 – Youth Empowerment Session :** An interactive session on Swami Vivekananda’s contribution was conducted to inspire students. The session highlighted values like leadership, discipline, and service. Students gained motivation to work towards nation-building. It helped in developing a positive mindset.



**13<sup>th</sup> January to 17<sup>th</sup> January 2026 – Film Festival Volunteering :** NSS volunteers actively participated in the Bulbul Children’s International Film Festival as volunteers. They assisted in organizing and managing various aspects of the event. The activity provided practical experience in event management. It also enhanced teamwork and communication skills.



**21th January to 29<sup>th</sup> January 2026 – Disaster Management Programme :** Our volunteers had participated in Yuva Aapda Management Awareness Programme held at Fire Station, Curchorem to train students in disaster preparedness. Volunteers learned safety measures and emergency response techniques. The activity enhanced practical knowledge and awareness. It prepared students to handle real-life situations.



**26<sup>th</sup> January 2026 – Republic Day Celebration:** Volunteers participated in Republic Day celebrations with patriotic enthusiasm. The programme included flag hoisting and cultural activities. It instilled a sense of national pride and unity. The activity reinforced constitutional values among students.



**30<sup>th</sup> January 2026 – Road Safety Seminar:** Students attended a seminar organised by Vidya Vikas Mandal's Govind Ramnath Kare College of Law, Margao- Goa on road safety where experts shared knowledge about traffic rules and accident prevention. The session highlighted the importance of responsible behaviour on roads. It created awareness about safety measures. The activity encouraged disciplined conduct.



**6<sup>th</sup> February 2026 – Fire Safety Awareness:** A fire safety awareness session was conducted to educate students about fire hazards and preventive measures. Volunteers learned how to respond during emergencies. The activity enhanced practical safety knowledge. It promoted preparedness and caution.



**12<sup>th</sup> February 2026 – Cleanliness Drive (Market):** A cleanliness drive was carried out in the market area to promote hygiene and sanitation. Volunteers actively cleaned public spaces and spread awareness. The activity encouraged community participation. It reflected the values of Swachh Bharat Mission.



**13<sup>th</sup> February 2026 – Campus Cleanliness:** Students participated in a campus cleanliness drive to maintain a hygienic environment. Volunteers cleaned classrooms and surroundings. The activity promoted discipline and responsibility. It encouraged regular cleanliness practices.



**14<sup>th</sup> February 2026 – Red Ribbon Programme:** A prize distribution ceremony for Red Ribbon activities was conducted to recognize student participation. It encouraged awareness on HIV/AIDS and social responsibility. The programme motivated students to actively engage in such initiatives. It also appreciated their efforts.



**5<sup>th</sup> March 2026 – ARCANA Event:** Students volunteered for the ARCANA college event and assisted in its smooth execution. They contributed to coordination and management tasks. The activity enhanced organizational skills. It also encouraged teamwork and participation.



**9<sup>th</sup> March 2026 – Viksit Bharat Awareness:** An awareness programme on Viksit Bharat was conducted to inform students about national development initiatives. Volunteers learned about the vision of a developed India. The activity promoted civic responsibility. It encouraged active participation in nation-building.



**11<sup>th</sup> March 2026 – Classroom Cleaning:** Another classroom cleaning activity was conducted to maintain hygiene. Students actively participated in cleaning tasks. The activity reinforced responsibility and discipline. It helped maintain a clean environment.



**17<sup>th</sup> March 2026 – Garden Cleaning:** Volunteers cleaned and maintained the garden area within the campus. The activity promoted environmental awareness. It encouraged care for greenery and surroundings. Students worked together to improve campus aesthetics.



**17<sup>th</sup> March 2026 – Classroom Cleaning:** Students again participated in classroom cleaning to ensure cleanliness. The activity emphasized regular maintenance of hygiene. It encouraged discipline and teamwork. It contributed to a healthy environment.



**17<sup>th</sup> March 2026 – Blood Donation Awareness:** An awareness campaign on blood donation was conducted to highlight its importance. Students learned about the need for voluntary donation. The activity promoted humanitarian values. It encouraged participation in social service.



**18<sup>th</sup> March 2026 – Blood Donation Camp (Volunteering):** Volunteers assisted in organizing the blood donation camp by helping donors and staff. They ensured smooth functioning of the camp. The activity enhanced service skills. It reflected a spirit of social responsibility.



**18<sup>th</sup> March 2026 – Blood Donation (Participation):** Students participated as donors in the blood donation camp. Their contribution helped in saving lives. The activity encouraged selfless service. It promoted awareness about the importance of blood donation.



**20<sup>th</sup> March 2026 – Cyber Security Awareness:** A session on cyber security was conducted to educate students about online safety. Volunteers learned about cyber threats and preventive measures. The activity promoted digital responsibility. It enhanced awareness of safe internet practices.



**21<sup>st</sup> March 2026 – Har Ghar Jal Campaign:** A digital poster campaign on ‘Har Ghar Jal’ was organized to promote water conservation. Students created posters highlighting the importance of saving water. The activity raised environmental awareness. It encouraged sustainable practices.



**22<sup>nd</sup> March 2026 – Women’s Rights Quiz:** An online quiz on women’s constitutional rights was conducted to enhance awareness. Students learned about legal rights and gender equality. The activity promoted social awareness. It encouraged informed citizenship.

THE CUNCOLIM EDUCATIONAL SOCIETY'S  
**COLLEGE OF ARTS AND COMMERCE**  
CUNCOLIM, SALCETE - GOA

**NSS UNIT**  
ORGANIZES

ONLINE EVENT

**QUIZ COMPETITION**

Topic: Women's Constitutional Rights

\*Only for the students of the C.E.S College of Arts and Commerce, Cuncolim

DATE & TIME  
Sunday, 22nd March 2026  
10:00 AM to 11:00 AM

PLATFORM  
Mentimeter  
Interactive Exm Quiz

**Guidelines**

- Format: 1 Direct Final Round (15 Questions, Fastest Finger First).
- Questions strictly based on Women's rights in the Indian Constitution.
- Entry Limit: Max 40 participants allowed (First Come, First Serve).

**Prizes & Perks**  
Top 3: Trophy & Certificate  
All Participants: Participation Certificate + Activity Hours.

Asst. Prof. Sushant R. Velip  
Quiz Coordinator  
Contact Number - 9370251871

**Hurry! Limited Seats**  
Scan the QR code below to register. Seats are limited and will be allotted on a first-come, first-served basis. Register now to secure your spot!



**Leaderboard**

3378 p	Rukma Naik Desai
3322 p	Siddharth Choudhari
2881 p	Seeya gaonkar
2846 p	Ashvini dlessai
2825 p	Sakshi Patil
2935 p	Vivek Gupta
2468 p	Simran Fernandes
2324 p	Angelcia
2109 p	Mohammad Ibrahim
2109 p	Simran Shaikh

**25<sup>th</sup> March 2026 – Patriotic Singing:** A patriotic singing activity was organized where students performed 'Vande Mataram'. The activity fostered unity and national pride. It encouraged cultural expression. Students actively participated with enthusiasm.



**26<sup>th</sup> March 2026 – Paper Bag Making:** Students participated in making eco-friendly paper bags. The activity promoted environmental sustainability. It encouraged reduction of plastic usage. It also enhanced creativity and practical skills.



**26<sup>th</sup> March 2026 – Cloth Bag Making:** A cloth bag making activity was conducted to promote reuse and sustainability. Students prepared durable and eco-friendly bags. The activity supported environmental conservation. It encouraged responsible habits.



**27<sup>th</sup> March 2026 – Waste Management Workshop:** A workshop on waste management was conducted to educate students about legal and policy aspects. Participants learned proper waste disposal and management techniques. The activity promoted environmental responsibility. It encouraged sustainable practices.



Ms. Ashvini Chari  
Chief N.S.S. Programme Officer

Prof. Brahma Edwin Barreto  
Principal