

# The CES College of Arts and Commerce, Cuncolim, Salcete-Goa

## Workshop for teaching staff - “Motivated TEAMS”

### Report

The CES College organised workshop cum training session for teaching faculty on 4<sup>th</sup> June 2022 from 10a.m. to 12noon in the College hall, on the topic “Motivated TEAMS”. Resource person for the workshop was the Corporate and Life Skills Trainer Dr. Jyoti Hegde. The training session was practical and activity based workshop with audio visuals and experiential learning for developing optimistic approach towards self.

Focused areas of the workshop were objective setting & fun icebreaker activity, inspirational & leadership lessons from heart-touching motivational konkani short film presented by the resource person based on real-life of physically disabled motivational entrepreneur Mr. Agostinho Fernandes, attitude of Gratitude by screening a scene from Saajan movie where Sanjay Dutt thanks god for a wonderful life, which was followed by the interactive session with activity & performance based learning for showing gratitude towards others & the almighty & developing motivational approach towards self & others to lead happy and successful life.





Through the workshop the participants learned the strategy of getting self-motivated and developing positive, happy and satisfied approach towards life through an attitude of gratitude. In total 35 faculty members actively participated in the workshop. Ms. Yashmita Y. Ghatwal from the department of commerce was the Co-ordinator of the workshop.

**Ms. Yashmita Y. Ghatwal**

**Co-ordinator**

**Dr. Sanjay P. Sawant Dessai**

**Principal**